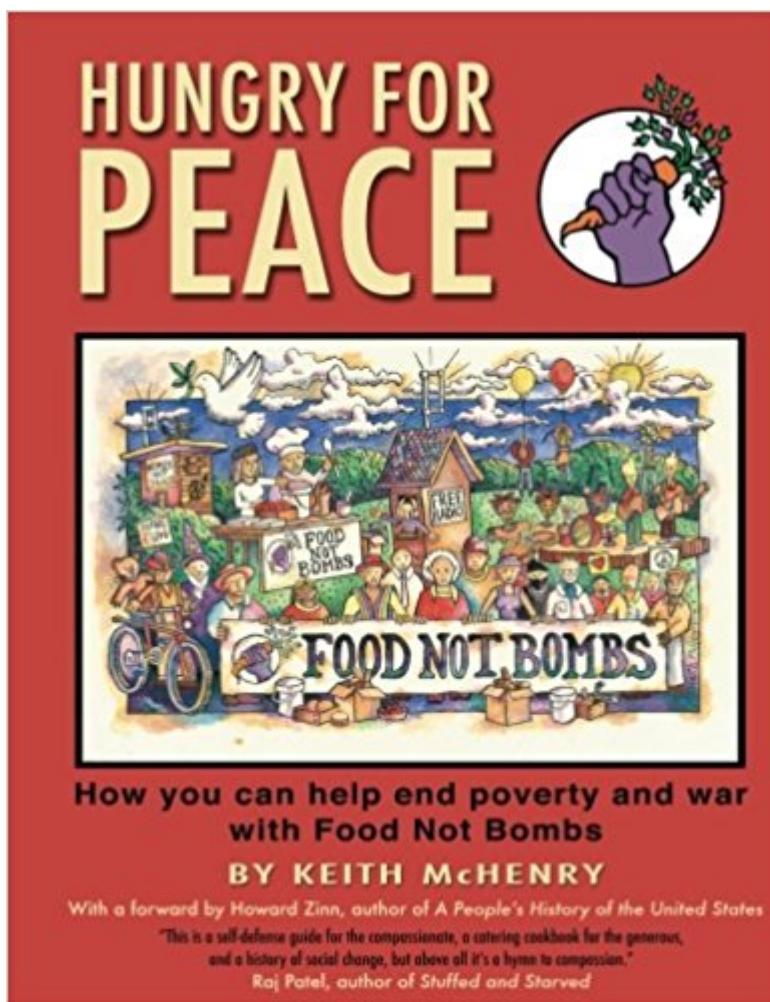


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# Hungry For Peace: How You Can Help End Poverty And War With Food Not Bombs



## **Synopsis**

The de facto how-to manual of the international Food Not Bombs movement, which provides free food to the homeless and hungry and has branches in countries on every continent except Antarctica, this book describes at length how to set up and operate a Food Not Bombs chapter. The guide considers every aspect of the operation, from food collection and distribution to fund-raising, consensus decision making, and what to do when the police arrive. It contains detailed information on setting up a kitchen and cooking for large groups as well as a variety of delicious recipes. Accompanying numerous photographs is a lengthy section on the history of Food Not Bombs, with stories of the jailing and murder of activists, as well as premade handbills and flyers ready for photocopying.

## **Book Information**

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## **Customer Reviews**

"Food Not Bombs is . . . rooted in belief . . . that we actually can feed a hungry world while helping our planet survive. . . . I'm delighted that Keith McHenry's book, Hungry for Peace, will help usher us toward sanity and real security." •Kathy Kelly, co-coordinator of Voices for Creative Nonviolence "It is no coincidence that Food Not Bombs has become a mainstay within countless social movements around the world. . . . Hungry for Peace provides the tools needed to get out and--without bosses, leaders or approval--do it yourself." •Will Potter, author, Green Is the New Red "Sharing food is a basic human function, and peace is humankind's highest aspiration. Food Not Bombs brings both of these together in a powerful way, providing a recipe. . . .

for creating a better world right here and now." •Randall Amster, JD, PhD, Graduate Chair of Humanities Prescott College Executive Director, Peace & Justice Studies Association"Over and over, we hear the refrain: 'The problems are so big. How can I make a difference?' Keith McHenry and Food Not Bombs answer this question every single day, in words and actions." •Mickey Z., author, Darker Shade of Green

Keith McHenry is a cofounder of the international Food Not Bombs movement and the coauthor of both editions of the previous Food Not Bombs manual, Food Not Bombs. He lives in Taos, New Mexico.

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